



Focus: Spiritual Guidance and Protection

“There is a way to bring peace and harmony to yourself even in the most difficult of times.”
—Sri Harold Klemp,¹ *The Awakened Heart*

FEATURE ARTICLE

A Firefighter Is Asked the Meaning of Life

By Sri Harold Klemp



Now, this story is about “Lou.” He was a firefighter for many years in Nevada. One day a call came in about an attempted suicide. So he and his team of paramedics rushed to the scene.

When they got there, they found a woman in her late thirties. She was sitting on her couch. Her arms were folded, and she was very defiant, glaring at them.

This case was unusual, Lou said, because she confessed that she had tried to take her life. People who attempt suicide will usually say, “Oh, no, it was an accident. I wasn’t trying to do that.” But this woman fessed right up.

The clock was ticking. She had taken an overdose of pills, and they had to get her to the hospital real quick if they hoped to save her life. One of Lou’s firefighters was on his knees in front of her, trying to coax her to get onto the gurney. They didn’t want to have to put her there.

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1. Sri Harold Klemp is the spiritual leader of Eckankar.

A SPIRITUAL STORY

Miracle Healing

By Emmanuel Onyejiuwa

Several years ago, my wife was diagnosed with a massive growth of fibroid tissue in her womb. A severe and painful condition, the doctors recommended surgery.

We were reluctant to take such a serious step. But soon her pain increased, and she was unable to get out of bed. Eventually, we agreed to the surgery.

As she was wheeled into the operating room, I stayed behind and sat on a bench by the closed door. I knew I needed to surrender the outcome of the surgery into the hands of the ECK, the Holy Spirit.

I began to sing HU, the ancient love song to God, and opened my heart completely to the Mahanta.²

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2. A title to describe the highest state of God Consciousness on earth, often embodied in the Living ECK Master. An expression of the Spirit of God that is always with you.

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Restoring Harmony



Whenever somebody is making it difficult for you at work, simply sing HU quietly to yourself. Let the other person vent his rage, and just wait and see what the ECK will do to work out the situation.

You'll find that you know what to say or not to say, when to speak or be quiet, when and how to keep out of the individual's way, or whether it will be necessary to appeal to the person's supervisor to get him off your back.

When you run into these things, by all means sing HU to open yourself as a channel for God. You don't use the HU to change the other person's state of consciousness; you use it for your protection.

It surrounds you with a blanket of white light, and whatever is thrown at you must return to the sender. The person who attacks you often finds himself so busy with his own problems that he no longer has time to continue his attacks on you.

—From *The Spiritual Exercises of ECK*, by Harold Klemp

A Firefighter Is Asked . . .

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She wouldn't go. She said, "I've tried for thirty-five years to find the meaning of life, and I failed. My life is without purpose. I'm miserable, and I want to end it all. I resent all of you people here trying to stop me."

Now Lou, as the captain, had the responsibility to take charge of the situation. So he joined the firefighter at the couch, kneeling in front of the woman, with his eyes below hers so that he wasn't like an imposing authority figure standing above her. He'd learned this in his years of experience and training—to keep his eyes below the level of hers.

Then after a few minutes, she suddenly pinned him with a challenging gaze. And in a very loud voice, with her finger pointed directly at his face, she said, "You! Can you tell me the meaning of life?"

Lou's mind went in all different directions. He was a little self-conscious, because a small crowd of paramedics and police officers were standing behind him as he was facing the woman on the couch.

Lou was an ECKist.³ He didn't know what to do, so he released it to the Holy Spirit. And then, just like that, the Holy Spirit, the ECK,

blew this fog away and used him to reach this distraught woman.

As he was wondering what to say, just as clearly as could be a sentence came to mind. He looked into her eyes with love, and he said, "We're here to learn how to give and receive divine love." And the room was very still.

She kept looking into his eyes. Then her face softened, and her eyes filled with tears. Finally, in a soft, quivering voice, she asked, "Are you God?" He shook his head and softly replied, "No, I'm just one of His kids, like you."

At that point her toy poodle came running from across the room and jumped into her lap. Now Lou, being an ECKist, knew that these events were all connected and meant something. And he said, "See, even your little dog wants to give you love." Then, half-turning to the audience behind him, he said, "All of these people care for you too. They want to make sure you don't hurt yourself."

Then the woman leaned over with tears flowing from her eyes. She gave Lou a big hug. They stood up, he led her to the gurney, and she got on willingly. I'm happy to say, they reached the hospital in time.

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—From *The Master's Talks in A Year of Blessing, 2007–8, "Change Is Change,"* by Harold Klemp

3. An ECKist (*pronounced EHK-ist*) is a follower, or disciple, of Eckankar.

Miracle Healing

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Later, I learned my wife had done the same thing until she lost consciousness.

The operation was supposed to take at least two hours. So I was surprised when the door opened after fifteen minutes and the chief surgeon walked out, followed by other doctors. My wife was wheeled out of the operating room and back into the ward.

I wondered what was going on. Was the operation over already? None of the doctors or nurses would tell me what happened, so I went to find the chief surgeon.

When the chief surgeon saw me, his first words were, "Please, thank God!"

Then he added, "I'll thank God for you!"

As we sat down together, he explained.

Ready to make his first cut into my unconscious wife, the surgeon suddenly heard a voice.

"Look up!" it commanded.

He paused and looked up. To his shock and horror, the anesthesia was incorrectly set to a lethal amount, sending an overdose of the drug flowing into my wife's sleeping body. Immediately, he stopped the operation.

If not for the voice, my wife would have died on the operating table.

"As a surgeon," he said, "I always depend on God's guidance. That is why you should give thanks to God!"

The operation was postponed, and my wife was

MEET SPIRITUALLY LIKE-MINDED PEOPLE



You Are Invited to a Spiritual Event

Eckankar seminars are an opportunity to join with other spiritual seekers and students of Eckankar for one to three days of workshops, small group discussions, inspiring creative arts, programs for youth and families, and outstanding speakers. Sri Harold Klemp is the featured speaker at the two major Eckankar seminars (spring and fall) each year.

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Spiritual Blessings in A Year of Consecration
March 29–31, 2013

Minneapolis, Minnesota, USA

For more information or to preregister for this seminar, go to www.ECKseminars.org. See a short excerpt of a seminar talk by Sri Harold Klemp.

To view a video, "The ECK Seminar Experience,"

go to www.ECKseminars.org. ECKists of all ages share some of the benefits and the international atmosphere of a major ECK seminar.

discharged from the hospital the next day.

But there was more. We were about to witness another miracle of God's love and protection.

Once home, all my wife's symptoms vanished! We waited for the pain to recur, but it never did. Even the fibroid lumps disappeared, and nine

years later she is still pain free.

This experience taught me that when we open ourselves to the Mahanta with our whole heart, we can receive miraculous protection and healing. In every moment of life, the Mahanta's love is always there. It is so reassuring.

—From the 2010 *Eckankar Journal*

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Ask a Modern Prophet about Spiritual Guidance and Protection

Can you explain briefly what the word HU means and its use as protection?

HU, a sacred name for God, is popular among members of Eckankar, especially in Africa. Black magic is a very powerful force there, able to wreak havoc. Someone on the path of ECK who is the object of a curse sings this word *HU* and also pictures a shield of white light between himself and the black magician.

The white light is the Light of God. HU is the Sound of God. The Light and Sound are the two most trusted pillars of protection that one can ever find.

People in Europe, Australia, and the Americas also sing HU quietly or aloud to receive protection from trouble or danger on the street, at work, or in the home.

HU is a powerful defense.

—From *A Modern Prophet Answers Your Key Questions about Life*, Book 1, by Harold Klemp

What is the role of a spiritual guide?

Sometimes people don't understand the role of a spiritual guide, whether it's the Mahanta, Christ, Buddha, or another religious figure. All of them have a special connection of some kind with the Holy Spirit. A true spiritual master is an instrument for the Voice of God. He appears in human form to serve people in a way they can understand, to reveal to them the workings of Divine Spirit in everyday life.

In Eckankar, then, this divine force declares Itself through the Outer and Inner Master. He can thus assist and teach Souls here and in the invisible worlds.

The Mahanta, the Living ECK Master also has the ability and authority to alter an individual's fate. This, of course, is a remarkable benefit. The Master will adjust the individual's destiny at certain levels of spiritual unfoldment. In this way, excess karma can be burned off in the dream state.

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So do your spiritual exercises. Avoid many unpleasant karmic repayments. And soon, your Book of Records will see the Master's notation: "Paid in full."

—From *Those Wonderful ECK Masters* by Harold Klemp

Have you ever listened to the guidance of Divine Spirit, followed it, then watched everything go wrong afterward? I wonder if sometimes I misunderstood what I got.

Divine Spirit wants you to learn and have experiences. The result may not be what you want but it's helping you learn and grow.

It's not what happens to you but your attitude about what happens that's really important. When something happens to you, ask, Since this is what Spirit got for me, what does it mean? How is it helping me grow?

—From *Ask the Master*, Book 2, by Harold Klemp

You've always known there's something more . . .

This dynamic, interactive guidebook from Eckankar can help you validate and understand your spiritual experiences and find answers to make your life better.

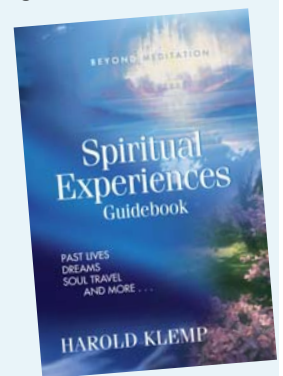
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*For anyone not a member of Eckankar.



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